

POLICY	BOARD OF EDUCATION OF FREDERICK COUNTY, MARYLAND	
HEALTH PROMOTION	SECTION 316	
	Adopted: 11/9/05 Reviewed: 10/26/05	

316 Health Promotion

The board supports efforts to enhance and maintain employee and student wellness. The board recognizes the potential benefits of a wellness program. Programs to encourage employee and student wellness can increase employee effectiveness and student achievement through improved fitness, reduced stress, fewer medical benefits claims, and higher morale. The superintendent is authorized to establish wellness programs, as resources permit, which are appropriate and feasible.