

FREDERICK COUNTY PUBLIC SCHOOLS		Reg. No. 200-39
Subject:	EIPEN-EMERGENCY CARE FOR SEVERE/ LIFE THREATENING ALLERGIC REACTIONS	Date of Issue: 10/22/90
Preparing Office:	Office of the Superintendent	Amended: 2/11/08

I. Policy

II. Procedures

Many individuals may have life threatening allergic reactions when exposed to a wide variety of substances. An EIPEN is a pre-filled syringe designed to automatically inject epinephrine (adrenaline) into the outer thigh to provide initial emergency treatment for these reactions. When an EIPEN is used, 911 must always be called.

- A. The Frederick County Health Department (FCHD) school health employees are responsible for requesting additional information about student's physical reactions to known allergic substances when the parent indicates an allergic condition on a student emergency card or other health record.
- B. It is the responsibility of the FCHD registered nurse (RN) to alert appropriate FCPS staff which may include, but not be limited to, the principal, classroom teacher, and bus driver, that an individual student has an EIPEN.
- C. In schools where students have EIPENS, The FCHD RN is responsible for training designated FCPS staff on an annual basis.
- D. A completed "AUTHORIZATION FOR MANAGEMENT OF AN ALLERGIC REACTION" form (Attachment 1), signed by the health care prescriber and parent/guardian, is required prior to administration. The order must be student and dose specific.
- E. The Parent/Guardian is responsible for providing a properly labeled EIPEN of the correct dosage.
- F. Authorization forms must be renewed at the beginning of each school year and kept up to date.
- G. EIPENS are to be stored in a clearly labeled, secured accessible area.
 - With health care prescriber authorization and parental consent, students with known severe allergic conditions may carry their EIPEN with them.
- H. Any FCHD or FCPS employee may administer an EIPEN to an individual experiencing a severe allergic reaction as an emergency measure.
- I. If it is necessary to administer an EIPEN, the "EIPEN ADMINISTRATION PROCEDURE AND RECORD" (Attachment 2) should be followed. The top portion of this form should be filled out by the FCHD School Health Employees when an order for an EIPEN is received.

Cross reference Reg.No. 400-23 Medication Administration

Approved:

original signed by

Linda D. Burgee
Superintendent

FREDERICK COUNTY PUBLIC SCHOOLS/FREDERICK COUNTY HEALTH DEPARTMENT
AUTHORIZATION FOR MANAGEMENT OF AN ALLERGIC REACTION

This order is valid only for the current school year _____ (Including Summer Session)

Emergency injections are usually administered by non-health professionals such as, a FCPS employee or a FCHD health room technician. These persons are trained by a school registered nurse to give the injection. 911 will be called while the student, health services staff or school staff administers the EPIPEN.

- Prescription medication must be in a container labeled by the pharmacist or health care provider.
- Over-the-counter medication must be in the **original unopened container** with the label intact.
- The provider will be called if a question arises about the student and their medication.
- Thoroughly review reverse side of form before completion.

HEALTH CARE PROVIDER AUTHORIZATION

Name of Student:

Date of Birth:

Allergies:

Grade:

Type of Medication/Dosage/Route of Administration: Check appropriate box (es)

Type of Medication	Dose	Route
Benadryl (Diphenhydramine) 1x Dose	<input type="checkbox"/> 12.5 mg <input type="checkbox"/> 25 mg <input type="checkbox"/> 50 mg	<input type="checkbox"/> Liquid <input type="checkbox"/> Tabs <input type="checkbox"/> Melts (Tabs or Strips)
EpiPen	<input type="checkbox"/> 0.15 mg <input type="checkbox"/> 0.30 mg	<input type="checkbox"/> IM
Other Medication:	<input type="checkbox"/>	<input type="checkbox"/>
Is student competent to self carry EpiPen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is student competent to self-administer EpiPen?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Medication is to be Administered: Check appropriate box (es)

- Immediately after insect sting (bee, wasp, hornet, yellow jacket)
- Immediately after the ingestion of (specify): _____
- Immediately after contact with (specify): _____
- Unknown etiology: _____

If Benadryl and EPIPEN Are Ordered: Check appropriate box

- Give Benadryl and EPIPEN at the same time and call 911.
- Give Benadryl then if you see any of these signs/symptoms: difficulty breathing, chest tightness, audible wheezing, tongue swelling, give EPIPEN immediately and call 911.

Repeat EPIPEN dose in 15 minutes if EMS has not arrived** Yes No

****For a repeat dose, parent must provide second EPIPEN for school.**

Possible Medication Side Effects:

EPIPEN: palpitations, rapid heart rate, sweating, nausea and vomiting

Benadryl: drowsiness, sedation, sleepiness, dizziness, restlessness, hypotension, palpitations

Other: _____

Health Care Provider's Name/Title: (Type or Print)

Telephone:

Fax:

Address:

Health Care Provider's Signature:

Date:

PARENT/GUARDIAN AUTHORIZATION

I request designated personnel to administer the medication as prescribed by the health care provider above. I certify that I have legal authority to consent to the administration of medication at school.

Parent/Guardian Signature:

Date:

Parent/Guardian Phone:

Work Phone:

REGISTERED NURSE AUTHORIZATION

Is student competent to self carry EpiPen? Yes No

Is student competent to self-administer EpiPen? Yes No

Signature:

Date:

IMPORTANT INFORMATION FOR PARENTS/GUARDIANS AND PHYSICIANS

1. An acute allergic reaction can be a life-threatening situation. Completion of this form in its entirety is vital so that the EPIPEN can be administered and emergency care implemented.
2. If the student experiences an acute allergic reaction, FCPS personnel will dial 911 while the student/FCHD school health employees/or FCPS staff administers the EPIPEN. Parent/guardian will be notified.
3. An EPIPEN sent to school, must be labeled by a registered pharmacist with the name of the medication, the dose, the name of the health care prescriber, the name of the student, and directions for administration.
4. The parent/guardian should note the expiration date and provide a new EPIPEN prior to expiration.
5. The FCHD school health employees must review and approve these forms in the school prior to administration.
6. The parent/guardian, health care prescriber and school RN must indicate on the reverse side of this form whether the pupil is capable of self-administering the EPIPEN, if needed.

Frederick County Public Schools/Frederick County Health Department

EpiPen Administration Procedure and Record

Name of Student: _____ **Date of Birth:** _____

EMERGENCY CONTACTS:

Parent/Guardian Name: _____ Relationship: _____
 Phone (H): _____ (W): _____ (Cell): _____

Parent/Guardian Name: _____ Relationship: _____
 Phone (H): _____ (W): _____ (Cell): _____

Other Name: _____ Relationship: _____
 Phone (H): _____ (W): _____ (Cell): _____

Administration Procedure and Record

PURPOSE: To provide immediate access to emergency information and administration procedure of an EpiPen.

1. **DIRECT SOMEONE TO CALL 911**, ask for an ambulance and explain the nature of the emergency.
2. **DIRECT SOMEONE TO CALL THE PARENT.**
3. **GIVE EPIPEN.**
 - A. **ADMINISTRATION PROCEDURE:**
 1. Locate area for injection (outer thigh). Wipe the injection site with an alcohol wipe, if available.
 2. Pull out gray safety cap.
 3. Place black tip on outer thigh.
 4. Push hard until you feel the EpiPen inject. Hold in place 10 seconds.
 5. **RECORD** medication name, dosage, time administered, date and signature of the person administering.

Medication	Dose	Time	Date	Signature
Additional Medication Given:				
Medication	Dose	Time	Date	Signature

6. **SEND CHILD TO THE EMERGENCY ROOM VIA AMBULANCE. FCPS MUST ACCOMPANY STUDENT IF NO PARENT AVAILABLE.**
7. **SEND A COPY OF THIS DOCUMENT** to the emergency room with the emergency personnel.